

Front Porch Crisis Care+

A Mental Health Urgent Care and Crisis Service

Overview

Individuals experiencing a mental health crisis need access to comfortable, safe, and supportive spaces for care to align with their needs instead of making their first stop a hospital Emergency Department. This project would provide a safe “Front Porch” welcome for therapeutic crisis stabilization utilizing trained professionals and peer specialists, trauma-informed care, and community partnerships.

Summary

The Problem	The Northeast Kingdom does not have a dedicated first responder drop-off location for individuals in a non-medical crisis other than utilizing hospital emergency departments.
The Solution	Provide persons in distress immediate access to a continuum of crisis response services. Equip individuals with skills that will enable them to minimize or avert future crises.
The Goal	Reduce the number of emergency department visits for people with mental health as their primary concern by providing a welcoming, less restrictive, and safe environment for assessing individuals in crisis and bringing quick relief of crisis symptoms.
Individuals Served	<ul style="list-style-type: none">• Open access and immediate response for adults and families experiencing mental health crises 24/7• Those in a mental health crisis who seek help through 911, 988, or hospitals and walk-ins• Individuals supported by first responders who are in acute mental health crisis
Objectives/ Outcomes	<ul style="list-style-type: none">• NEK community access to mental health professionals, 24/7• Immediate relief of crisis symptoms• Reductions in behavioral health crises• Reduced utilization of Emergency Department/Law Enforcement for behavioral health crises• Access to Peer supports
Why Lyndonville	<ul style="list-style-type: none">• Centrally located with ease of access from Interstate 91 and 93 Elm• Street building meets all the minimum criteria for programming• Fills the GAP in the Crisis Continuum